



**Indraprastha Apollo Hospitals & Geriatric Society of India**  
**Organizes**  
**Geriatrics Conclave**

**Theme: Geriatrics In India – Opportunities & Challenges**

**Auditorium, Indraprastha Apollo Hospitals, New Delhi-110076**

**20th & 21st April 2019 : 9.00 AM - 5.00 PM**



Geriatrics Conclave 2019 was organized jointly by Geriatric Society of India® & Indraprastha Apollo Hospitals New Delhi on 20-21 April 2019.

There were five free papers on Geriatrics from different regions of the country & the session was chaired by Dr. Anil K. Manchanda & the judges for this session were Prof. R. S. Gupta, Prof. H. K. Raogupta & Prof. Amitesh Aggarwal.



Free Paper Judges



### Free Paper Presenters

The Master of Ceremony on Day 1 - Dr. J. K. Sharma & on Day 2 - Dr. Puneet Khanna.



The first session was on Pre-Operative Assessment in which Dr. Pratibha Pereira described in details the assessment of elderly before surgery & the session was chaired by Dr. Anand P. Ambali & Dr. Garima Handa.



Newer modalities in heart failure – ARNI was described by Dr. K. K. Saxena while Dr. Sunil Modi discussed the special aspects of management of heart failure in elderly diabetics. Dr. Rakesh Gupta & H. K. Raogupta chaired this session.



Under Novel Therapies in Diabetes Dr. S. K. Wangnoo emphasized that the Time to bell the Cat is now & Dr. M. A. Siddiqui described the advantages of combining SGLT2 with DPP4. The session was chaired Dr. Rajesh Marya.



Maj. Gen. L. R. Sharma & Dr. O. P. Sharma chaired the guest lecture by Dr. Renu Wadhwa from Japan who described CARF A New Regulator of Stress, Aging and Cancer: Evidence from in vitro Stress Models. The visiting dignitary was honoured with Gold Plated Medallion.



Dr. P. N. Renjen spoke on Dementia - Parkinsonism Overlap/Combination and the session was chaired by Dr. Sandeep P. Tamane & Dr. Amit Gupta





Dr. Rajesh Taneja described the management of Urinary Incontinence in Elderly; a lecture chaired by Dr. S. K. Agarwal & Dr. Anand P. Ambali.



Dr. P. S. Shankar delivered a guest lecture on frailty. This was chaired by Dr. M. S. Gudi & Dr. R. S. Gupta.



Post lunch Dr. Prabha Adhikari described in details the Safer Antibiotics in elderly & how to avoid drug interactions. The lecture was chaired by Dr. Rakesh Gupta & Dr. Anita Jatana.



Dr. K. Hari from Kerala emphasized the need for Vitamin D as a Vital Hormone. The talk was chaired by Dr. D. K. Hazra & Dr. Anil K. Manchanda.



Dr. Raju Vaishya spoke on management of Osteoarthritis in elderly. Dr. A. S. Arora & Dr. J. M. Dua chaired this talk.



Dr. Puneet Khanna spoke on COPD - Current Management & also touch upon COPD/ Asthma overlap. This session was chaired by Dr. K. Anupama Murthy & Dr. Rakesh Kumar.



Dr. Atul Luthra spoke on Newer Insights in Sulfonylurea; still relevant in India. The session was chaired by Dr. Vivek Handa & Dr. Sajesh Asokan.



Dr. Randhir Sud emphasized the importance of Nutrition in Health & Sickness. His talk was chaired by Dr. Rakesh Kumar & Dr. Mohit Sharma.



In the Symposium on Care Dr. K. B. Linge Gowda spoke on Palliative Care, Dr. G. P. Dureja described Pain Management, Ms. Rohini Sharma spoke on Nursing Care & Dr. Seema Grover emphasized the importance of Physiotherapy. This session was chaired by Dr. Satish Gulati, Dr. Geetanjali Kochar & Dr. Nikhil Sarangdhar.







Delegates interacted with speakers even during lunch & evening tea breaks.



During faculty dinner Dr. O. P. Sharma felicitated Dr. Sunil Kaul, Dr. Renu Wadhwa, Dr. S. V. Kulkarni & Dr. Nagesh G. Kavi.

On second day Dr. S. V. Kulkarni enlightened members about advances in technology which are Seniors Citizens Friendly. The talk was chaired by Dr. Kauser Usman & Dr. Mohit Saran.



Dr. Amitesh Agarwal & Dr. Surjadeep Sengupta chaired the highly informative talk on Falls by Dr. Nagesh G. Kavi.



Dr. Sunil Kaul delivered a guest lecture on Ashwagandha for Interventions of Aging and Age-related Pathologies: Experimental Evidence. This was their original research work. The session was chaired by Dr. G. D. Ramchandani, Dr. Naveen Kulkarni & Dr. M. S. Chaudhary.







Dr. Anil K. Manchanda updated members about the Adult Vaccination. His talk was chaired by Dr. V. K. Aneja & Dr. Padmamalika Khanna.



Inauguration started with ceremonial lamp lighting, Ganapati Vandana by students of School of Nursing of Indraprastha Apollo Hospitals & floral welcome of guests.









At 10:35 AM Ms. Sangita Reddy, Joint Managing Director of Apollo Hospitals Group joined through video conference. Dr. O. P. Sharma, Organizing Secretary welcomed Ms. Sangita Reddy, introduced her to guest of honour Ms. Sharon Lowen & then requested her to deliver Keynote Address on Geriatric Care in Indian – Opportunities & Challenges. Ms. Reddy while touching upon the rising number of elderlies, emphasized upon the medical needs as well as preventive health aspects in elderly. She gave a bird's eye view of healthcare delivery system in the country & reminded everyone of their commitment towards elderly.



Ms. Reddy released "A Handbook of Geriatric Care" edited by Dr. O. P. Sharma & also formally launched the online course on geriatric medicine directed by Dr. O. P. Sharma. Mr. Ashok Bajpai, Managing Director Indraprastha Apollo Hospitals, New



Delhi received the memento & gold-plated medallion on behalf of Ms. Sangita Reddy. Mr. Bajpai assured all help in the development of geriatrics at Indraprastha Apollo Hospitals. Dr. Anupam Sibal, GDMS gave a brief about elderly healthcare programs of Apollo Hospitals Group. Dr. Sibal released the special issue of Indian Journal of Geriatric Care which was brought out to commemorate this occasion. Dr. O. P. Sharma introduced associate editor Dr. Puneet Khanna, Asst. Editor Dr. Mohit Sharma & Desk Editor Dr. B. B. Gupta to Ms. Reddy.





Dr. Vivek Handa, President GSI & Dr. O. P. Sharma, Gen. Secretary GSI presented tokens of Appreciation to Dr. Anupam Sibal, Mr. Ashok Bajpai & Dr. V. K. Arora, Chancellor Santosh University.



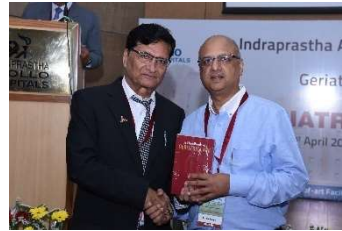
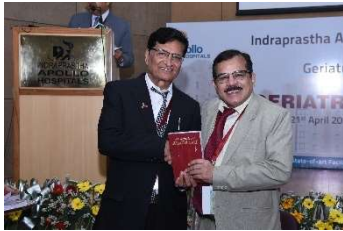
A special gesture of love & respect in the form of a pencil portrait was presented to Dr. O. P. Sharma by Dr. G. D. Ramchandani, which was made by one of his type 1 Diabetes patients – a school going girl.



Some of the contributors of “A Handbook of Geriatric Care” were felicitated on this occasion.







Dr. Agam Vora spoke on Tuberculosis - Reactivation/Reinfection in elderly & his lecture was chaired by Dr. V. K. Arora & Dr. Ruchi Manchanda.



Dr. Anand P. Ambali described ABC of Geriatrics & his talk was chaired by Dr. Anil K. Manchanda & Dr. Vipul Gupta.



In 24<sup>th</sup> Convocation of Geriatric Society of India® Dr. Vivek Handa awarded Fellowships of Geriatrics Society of India® to 17 members. Chief Guest Dr. V. K. Arora, Chancellor of Santosh University delivered convocation address.







Post lunch Panel discussion - Corporate Initiatives in Geriatric Care was moderated by Dr. O. P. Sharma. The panellists were Dr. Ratna Rao, Dr. Syamasis Bandyopadhyay & Dr. Suddhasatwya Chatterjee.



Dr. Harsh Bhargava gave the Orthopaedician's View on Osteoporosis & his talk was chaired by Dr. Saurabh Srivastava & Dr. Sajesh Asokan.





Dr. J. K. Sharma spoke on Safer Insulins in Elderly & touched upon hypoglycaemia & weight gain in particular. His talk was chaired by Dr. Suresh Sharma & Dr. Girish Khurana.



Dr. S. K. Wangnoo shared his Experience with Weekly GLP1 RA. His talk was chaired by Dr. Dheeraj Kapoor & Dr. Agam Vora.



Dr. Gaurav Sagar emphasized upon the detection & management of Renal Impairment in Hyperglycaemia. This talk was chaired by Dr. V. K. Aneja & Dr. S. V. Kulkarni.



Dr. Vinit Suri showed four cases of Stroke in which timely intervention made remarkable recovery. His talk was chaired by Dr. Mohit Sharma & Dr. Mohit Saran.



The last lecture of conclave was from Dr. H. N. Bajaj, he spoke on Spinal Problems in the Geriatric Population. This talk was chaired by Dr. Harsh Rastogi & Dr. Manoj Kumar.



The valedictory session was full of clapping. Dr. O. P. Sharma invited his main supporters which had vital role in the success of this conclave. These three persons Dr. J. K. Sharma. Dr. Anil K. Manchanda & Dr. Puneet Khanna were given big applause.



The Free Paper winners were invited to dais & presented prizes.







Ms. Maryline Flinsi, Principal of School of Nursing was presented a token of appreciation with a big applause.



Mr. Shyam Verma - caterer, Mr. Kuldeep Singh – Audio Visual & members of pharma industry were also invited to the dais & thanked profusely.







Org. Secretary Dr. O. P. Sharma was given standing ovation.

*We Look Forward for your continued support in  
Geriatric Care*



नमस्कार