



Geriatric Society of India®

(Registered Under the Societies Registration Act XXI of 1880)



 **MESSAGES 6-26**

 **GSI ACTIVITIES 27-65**

 opsharma.gsi@gmail.com, secretary2025.gsi@gmail.com, info@geriatricindia.in
 www.geriatricindia.in

Geriatric Society of India Team

Patrons



Prof. (Dr.) P. S. Shankar



Prof. (Dr.) V. K. Arora



Dr. B.C. Bansal

Secretary General



Prof. (Dr.) O. P. Sharma

President



Dr. Atul Kulshreshtha

Honorary Secretary



Dr. Vivek Handa

Past President



Dr. Sajesh Asokan

President Elect.



Dr. Chinmoy Kumar Maity

Joint Secretary



Dr. Sunil Bansal

Joint Secretary International



Dr. Mohit Sharma

Secretary Finance



Dr. I.S. Jain

Vice Presidents



Dr. Garima Handa



Dr. P. C. Dash



Dr. Jayanta Sharma



Dr. Puneet Saxena

Executive Committee Members



Dr. B.B. Gupta



Dr. Haroon H



Dr. Mainak Gupta



Dr. Amol Hartalkar



Dr. Prashant Prakash



Dr. Kripasindhu Gantait



Dr. Sachin Desai



Dr. Manoj K Srivastava

Co-Opted Members



Dr. Mahesh Marda



Dr. K. Anupama Murthy



Dr. Raj Kumar Gupta



Dr. Anita Kumar



Dr. Pratibha Pereira



Dr. Rahul Bhattacharyya



Dr. Mahesh Rath



Dr. J. K. Mitra



Dr. Janardhana Naik CH



Dr. Sanjeeb Kakati

State/Branch/Chapter Representatives



Dr. K. Hari (Kerala)



Dr. Arunansu Talukdar (WB)



Dr. Pranjal K. Dutta (Assam)



Dr. (Col.) Pramod K. (Jharkhand)



Dr. Tarunni Ngangbam (EZ)



Dr. Anita Basavaraj (Maharashtra)



Dr. Santosh K. Swain (Odisha)



Dr. Kauser Usman

Zonal Co-Ordinators



Dr. Krishnanjan Chakraborty (E)



Dr. Prabhat Agarwal (C)



Dr. Pradnya Mukund Diggikar (W)



Dr. Vitull K. Gupta (North)



Dr. Anand P. Ambali (South)

Advisor's



Dr. Prabha Adhikari



Dr. M.V. Jali



Dr. S. Ramanathan Iyer



Dr. Satish Gulati



Dr. Agam C Vora



Dr. Kaushik Ranjan Das



Dr. A. K. Singh

Overseas Co-Ordinator's



Dr. Renu Wadhwa (Japan)



Dr. Varsha Reddy Jayar (UK)



Dr. Lochana Shrestha (Nepal)



Dr. Arvind Modawal (USA)



Dr. Subrato Ghosh (Bangladesh)

Messages

EDITORIAL

Dr. Vivek Handa, MD (CHA), FGSI
Hon. Secretary, GSI
Editor GSI e-Newsletter



Dear Colleagues

The decision of the executive to split the Indian Journal of Geriatric care (IJGC) and cleave out a dedicated newsletter is seeing the light of the day. As Editor of e-Newsletter of GSI, my joy in presenting the inaugural edition of the e-Newsletter is akin to the joy felt for one's first newborn.

At the outset, the guidance provided by our respected patrons, i.e., Dr. P.S. Shankar; Dr. B.C. Bansal and Dr. V.K. Arora, has been instrumental in bringing out the e-Newsletter. The continuous support of the Secretary General, Dr. O.P. Sharma in the endeavor has been invaluable.

The activities conducted by our members in the context of our changing demography vis-à-vis age, showcase the intent of Geriatric Society of India (GSI) in furthering the cause of the elderly in our country. This is critical given the social, cultural and economic diversity of the elderly in our country. It is only through the efforts of our members and collaboration with civil society that the vision to provide our elderly with quality holistic care will be met. The GSI e-Newsletter will mirror our efforts in this regard showcasing the activities undertaken by our members and the GSI per se. It will also provide a platform to our institutional members & members associated with institutions to showcase their activities conducted under the aegis of GSI.

GSICON-2025, the annual conference of GSI, is one such activity to further the cause of elderly in India. It is being held at Agra from 12th - 14th December, 2025, under the inspiring leadership of our President Dr. Atul Kulshreshtha. The event promises to be a powerhouse of academics providing a great opportunity and platform for learning. I am confident that our members will make the most of this opportunity.

Last but not the least, I wish to thank my editorial team of State / Branch /Chapter and Zonal representatives; and all the members in helping bring out the first issue. I am sure the GSI e-Newsletter will continue to receive your support for the times to come.

With warm regards

PATRON

Dr. B.C. Bansal, MD
Patron GSI



Message

The inaugural issue of the official GSI e-Newsletter is a significant milestone in our journey for the care of the elderly. This launch is a continuing step to our vision of elderly care to ageing Indians. The e-newsletter will be a window to the world regarding the activities of our members in furthering good quality medical care to the elderly.

The increasing numbers of elderly in India, due to the achievements in better health care translating into greater longevity, are an important national concern. GSI being a torchbearer of elderly care in India has an important role to play in ensuring that ageing Indians receive the care they deserve. This e-Newsletter will effectively showcase the activities of GSI members in contributing to this cause.

I wish the e-Newsletter all success.

PATRON

Prof. (Dr.) P.S. Shankar

MD, FRCP(Lond), FAMS, DSc(Gul, NTR, RGUHS, TU, UoM), DLitt (Hampi)

Patron GSI



Message

I welcome the inaugural issue of our official e-Newsletter, a significant milestone for the GSI, with immense pleasure. This launch is a welcome addition to the publications of GSI. It will provide a platform to highlight the activities of various branches of GSI across the country, the achievements of the members of GSI, proceedings of annual and mid-term conferences of GSI, details of orations and details of the training programs for practitioners and care givers.

India is rapidly undergoing a demographic transition and the health, dignity and wellbeing of our aging population, are now more than ever, a priority of national importance. As the leading professional body dedicated to this cause, the GSI programs carried out across the country needed a dedicated platform to share the activities, achievements of the members and branches of GSI. This News letter is a welcome addition and I wish the e-Newsletter all success.

PATRON

Prof. (Dr.) V.K. Arora,

MBBS, MD, DCD, CTC & E (Japan), FNCCP, FIMSA, FCAM, FGS
Patron GSI



Message

I am writing to convey my heartfelt congratulations on the launch of the inaugural issue of the GSI E-newsletter.

This publication is a testament to The Geriatric Society of India's hard work and unwavering commitment to advancing geriatric care. The new newsletter is a powerful tool for knowledge-sharing and community-building, and we are proud to support this excellent initiative. It will undoubtedly inspire and inform countless professionals and families, serving as a vital resource in the field.

We look forward to reading the insights, research, and updates that this newsletter will provide and extend our best wishes for its resounding success.

With warm regards

SECRETARY GENERAL**Prof. (Dr.) O.P. Sharma**

MD, D. Litt. (Honoris Causa), FRCP (Edin), FGSI, FICN, FICP,
FIAMS, FCGP, FACM, FIMSA, FGAPIO
Secretary General, GSI

**Message**

Ever since early 80s, when we formed Geriatric society of India, we have been struggling to get the information about this branch of Medicine to reach to people of medical fraternity. It has been difficult to make people understand that the demography of population is changing and the medical, health and social issues of people above the age of 60 are different than the regular adult population; that ageing is not only a number but comes with physiological changes organ systems altering their function. These changes clubbed with increasing number of co-morbidities and effect of environment on the body make a huge change which needs to be understood.

The United Nations declared 1999 the International Year of Older Persons. This evoked responses all across the globe towards the needs of elderly from social, economic, as well as medical point of view. That year, on behalf of Geriatric Society of India, I brought out the first textbook on Geriatric medicine, relevant to elderly people of India. We started doing CMEs at local, regional, national and international levels, encouraging people to join Genetic Society of India and participating in our academic activities. We gave incentives by way of Orations and Awards to the medical fraternity. We conducted teaching programs on virtual platform during COVID period jointly with a University. The Society continued with the online Certificate courses for those who were interested in upgrading their knowledge in the field of geriatric medicine. We brought out the first document on Recommendations for vaccination in older adults in India, for preventing the vaccine preventable disease. We also joined hands with other societies, collaborating with Endocrinological Society of India (ESI) to bring out the world's first textbook in the field of Geriatric Endocrinology.

We had a mouthpiece of the society in the form of a newsletter in the beginning, which we updated to a full journal, i.e., Indian Journal of Geriatric Care (IJGC). The journal carried the information, news as well as the medical articles, both review and original, and case reports & updates.

Last year, a decision was taken to separate the journal and the newsletter. The journal has been separated from the beginning of this year, but we got delayed in starting a e-newsletter which could be a platform for information about our activities, i.e., conferences Orations, Awards, new courses and showcasing the achievements of our members.

I am sure this e-newsletter will play an important role in spreading the awareness about Geriatrics and the activities related to Geriatric medicine.

PRESIDENT

Dr. Atul Kulshreshtha, MD
President Geriatric Society of India



Message

In today's era of information, technology, and rapidly advancing social media, the world is more connected than ever before. The membership of the Geriatric Society of India (GSI) is growing steadily, and our members across the country are actively contributing to geriatric care through various programs, CMEs, and academic activities.

To provide a unified platform for these initiatives, regular e-newsletters are essential. As decided by the Executive Committee of GSI, the e-newsletter will now be published on a regular basis. We encourage all members to share their activities, events, and achievements with the headquarters in a timely manner, so they can be featured and disseminated widely.

Let us continue working together towards better geriatric care and stronger academic collaboration.

Best wishes for the e-newsletter.

Long Live GSI!

VICE PRESIDENT



Dr. Purna Chandra Dash

M.D. (Medicine), DRM (Nuclear Medicine), FICP, FGSI, FICCMD
Vice President, Geriatric Society of India

Message

It gives me immense pleasure to extend my warm greetings to all members of the Geriatric Society of India (GSI) on the launch of our inaugural GSI E-Newsletter. This milestone marks yet another step forward in our collective mission to advance geriatric care, promote academic exchange, and strengthen the GSI community across the country.

The introduction of this quarterly e-publication reflects our commitment to staying connected, informed, and engaged in an increasingly digital era. The E-Newsletter will serve as a vibrant platform to share news, updates, achievements, and initiatives from our State Branches, Chapters, and individual members—celebrating the diverse work being carried out under the aegis of GSI. It will also provide an avenue for the dissemination of best practices, innovative programs, and inspiring stories that contribute to improving the quality of life of older adults in India.

I congratulate the Secretary General, Dr. O.P. Sharma, for envisioning this initiative, and the President and Honorary Secretary for their continued guidance and leadership in bringing this idea to fruition. I also extend my appreciation to all the Associate Editors, our State Secretaries and Zonal Representatives—whose active participation will ensure that this E-Newsletter truly represents the voice and vitality of GSI members nationwide.

As we embark on this new journey, I encourage every member to contribute actively by sharing your activities, experiences, and insights. Let this platform be a reflection of our shared dedication to geriatric medicine, research, and compassionate care for the elderly.

Together, let us continue to strengthen the GSI family and work towards a healthier, dignified, and age-inclusive society.

VICE PRESIDENT

Dr. Garima Handa

MBBS, PGDGM

Vice President, Geriatric Society of India



Message

As the seasons change, so do the conversations that shape our world. To keep up with the changing times, an e- journal in Geriatrics under the steering management of GSI is being started; and the first introductory issue is ready for circulation. The journal will carry the news, event reports and contributions of our esteemed members over a period of time.

We are profoundly grateful to our contributors and everyone who who have made this issue a thought-provoking read. As you read through the journal, we invite you to reflect on where we've been, where we're going and what we are doing in the process.

This launch would not have been possible without the tireless dedication of our talented team and contributors. We thank them and invite you to become a part of our growing community.

PAST PRESIDENT

Prof. (Dr.) Agam Vora, DTCD, MD
Past President, Geriatric Society of India



Message

It gives me great pleasure to extend my warmest congratulations on the launch of the inaugural e-newsletter of GSI. For more than five decades, GSI is at forefront of commitment to the health and well-being of our older adults — with regular meetings, national and mid-term conferences, white papers & position statements , development of the textbook on geriatric medicine and an indexed journal — all milestones of decades of dedication under the visionary leadership of the General Secretary and now Secretary General, Dr. O. P. Sharma.

I feel honoured and privileged that my mentors Prof. (Dr.) K.C. Mohanty and Prof. (Dr.) P.S. Shankar introduced me to GSI, and Dr. Sharma gave me his instant blessing when I joined. I treasure the fellowship that GSI awarded me — my first ever fellowship— and I also cherish the honor of receiving my first ever oration opportunity I received at the national level GSI. GSI will always hold a special place in my heart.

As we embark on this new digital journey with the e-newsletter, I wish it becomes the common platform for all of us committed to geriatric health — a platform that informs, inspires and unites. With India's senior citizen population set to grow significantly by the next decade, the evolving needs of our society demand increased readiness, innovation and collaboration.

To the entire GSI team, contributors, members and readers: my very best wishes for the success of this historic first issue. May it mark the beginning of many years of growth, outreach and impact.

SECRETARY FINANCE

Dr. I.S. Jain

Secretary Finance, Geriatric Society of India



Message

This newsletter reflects the activities of the Geriatrics Society of India. I'm proud to be a part of it. Congratulations on launching your e-newsletter.

I wish the e-Newsletter all success.

PAST PRESIDENT

Prof. (Dr.) Mallikarjun V. Jali
Past President, Geriatric Society of India



Message

Caring for our senior citizens is not merely a social duty — it is a sacred moral responsibility. They are the living repositories of wisdom, sacrifice, and experience who have built the foundations we stand upon today.

As a nation, our true progress is measured not only by technology or economy, but by the compassion we extend to those who once nurtured us. The Global Senior Initiative (GSI) stands as a beacon of such compassion, promoting dignity, security, and holistic well-being for the elderly.

Our collective goal must be to ensure that no senior citizen feels forgotten, that every elder finds meaning, comfort, and belonging in their later years.

Through this e-newsletter, may awareness transform into action, and may care become a shared culture across generations. Let us build communities that listen to, learn from, and look after our elders. Together, we can shape an India where ageing is graceful, respected, and celebrated.

I extend my warm wishes to the GSI team for this noble beginning and pray that their efforts inspire many to join hands in service and gratitude.

PAST PRESIDENT

Dr. Satish Gulati

MD, FCSI

Past President, Geriatric Society of India



Message

I feel honoured to write a few lines in this important communication of Geriatric society of India (a branch of API earlier) through this e-Newsletter.

I have been associated to this GSI since nineties. In fact, I got interested in this branch of medicine as I had worked in United Kingdom in Geriatric specialty in late seventies. I, being a life member of API since long, witnessed the inception of GSI as a separate entity which started its own CME's and Conferences. The membership gradually increased and the GSI got well known in country and abroad.

I had the honour of being elected as President of this prestigious association, delivered many Orations and had the privilege of attending many conferences all over the country since then. I am in regular communication on the WA group of the association and follow the IJGC, the journal of GSI.

I wish the e-Newsletter great success.

PAST PRESIDENT

Prof. (Dr.) A. K. Singh

MD (Med), FICP, FGSI, FICCMD, FICHOS, Fc Card.,
Past President, Geriatric Society of India



Message

It is a matter of immense satisfaction and professional pride to extend my greetings on the occasion of the launch of the inaugural issue of the e-Newsletter of the Geriatric Society of India (GSI). The commencement of this publication represents a significant milestone in the Society's continuing efforts to foster academic exchange, professional collaboration, and advancement of geriatric medicine in our country.

As one reflects on the evolution of the Geriatric Society of India, it is heartening to observe the growing engagement of clinicians, researchers, educators, and policymakers in strengthening geriatric health services. This publication will further enhance professional connectivity and serve as a repository of collective knowledge, ideas, and experiences that can shape the future direction of elder care in India.

I wish to commend the editorial team for their initiative, scholarly commitment, and meticulous effort in bringing this e-Newsletter to fruition. I am confident that it will become a valued platform for continuous learning and dialogue within the fraternity. I also encourage all members to contribute actively, ensuring that this publication reflects the scientific vigour, compassion, and commitment that define our discipline.

With best wishes for the success of this endeavour; and for the continued growth of the Geriatric Society of India.

PAST PRESIDENT

Dr. Kaushik Ranjan Das

MBBS, Dip. In Family Medicine (DFM), PG Dip. in Diabetes, PG
Past President, Geriatric Society of India



It is a matter of great pleasure and enthusiasm that Geriatric Society of India has decided to bring out an e- News letter, where activities pertaining to Geriatric Care and Geriatric Society of India being accomplished by members of GSI as a team or as individual and remarkable achievements of members of GSI will be published periodically.

This platform will bring out new leadership in GSI and also work as ready reckoner of information and will work as motivational tool.

I wish every success of the Newsletter. Long Live Geriatric Society of India!

Namaskar !!!

PAST PRESIDENT**Dr Prabha Adhikari M.R.**

Past President, Geriatric Society of India

Message

It is with profound joy and enthusiasm that I celebrate the launch of the inaugural E-Newsletter of the Geriatric Society of India (GSI). This is more than just a publication; it is a vital new voice for our community and a significant milestone in our collective mission. Since its inception, the GSI has been dedicated to advancing the health and dignity of older adults across India. We've worked to build a strong foundation for geriatric care, education, and research. This E-Newsletter is the tool that will now amplify our impact and strengthen our connections.

Our Platform for Progress

India is rapidly aging, and the demand for expert geriatric care has never been greater. E News letter will facilitate

1. **Community Building:** We will showcase the impactful work being done by our state chapters and special interest groups, fostering collaboration and sharing successful models of care.
2. **Advocacy in Action:** It will provide timely updates on our policy efforts to secure better resources, training programs, and infrastructure for the elderly.

A Call to Action

To realize the full potential of this new platform, we need your active participation. I encourage every geriatrician, physician, allied health professional, who is a member of this great society to

- **Read:** Absorb the valuable information within each issue.
- **Share:** Forward the newsletter to colleagues, students and senior citizen groups to let them know how society is contributing to Geriatrics in India
- **Contribute:** Send in your activities, achievements and initiatives .

This E-Newsletter is our medium to exchange ideas, celebrate our successes, and collaboratively solve the challenges of an aging nation. Let us use this powerful new resource to

further elevate the standards of geriatric care in India.

Congratulations once again on this exciting start!

PAST PRESIDENT

Dr. M. E. Yeolekar
Past President, Geriatric Society of India



Message

Heartiest Congratulations, Dr. OP Sharma, on launching an e-Newsletter to keep everyone up to date on GSI activities.

I wish the e-Newsletter all success.

Zonal Co-Ordinator, South

Dr. Anand P. Ambali

MD (Medicine), FGSI.

Zonal Coordinator, Geriatric Society of India



Message

My heartfelt congratulations to the team GSI for bringing the much awaited GSI e-News letter, which will showcase the activities related to health, social and spiritual aspects of geriatric care of the members of the Geriatric Society of India across India. This booklet will be the mirror image of GSI.

I wish the e-Newsletter all success.

State Representative, Maharashtra

Prof. (Dr.) Anita Basavaraj
MD,DNB.,PGDGM,FGSI, Fogarty Fellow,
State Representative, Maharashtra



Message

I am very fortunate to be associated with GSI since over so many years and greatly value its guidance and teaching. The teaching has enriched my knowledge and kept me updated on the latest in Geriatric Medicine.

Congratulations to the entire team on reaching this milestone in bringing out the inaugural issue of the GSI e-newsletter. This success is a testament to our collective hard work.

Zonal Coordinator, North

Prof. (Dr.) Vitull K. Gupta

MD (Medicine), FICP, FCSI, FACP, FIACM.
Zonal Coordinator, North



Message

I feel immense pleasure and honour to share this message for the inaugural issue of the 'Geriatric Society of India (GSI) E-Newsletter' which definitely is an important milestone in promoting and advancing much important geriatric care focusing on healthy ageing and stimulating research generating Indian data.

Geriatric care gains much importance given that India is undergoing socioeconomic and demographic transition with significantly increasing elderly population as well as non-communicable diseases in the coming decades posing a formidable challenges as well as opportunities for health care professionals as well as society at large.

I am sure GSI E-newsletters will provide members an opportunity to apprise the members about the activities of society, share knowledge and research ideas, stimulate formulation of clinical practise guidelines, highlight best practices and policy related to geriatric medicine.

I must congratulate the entire editorial team, with guidance from our Secretary General, Dr. O. P. Sharma, for initiating the publication of GSI E-newsletter and I hope the projection of the activities of GSI members will inspire other members to undertake several more activities under the aegis of GSI for furthering the cause of the elderly.

Let us all resolve to strengthen GSI, our e-Newsletter and inspire innovation to help the cause of our elderly population.

Zonal Coordinator, West

Prof. (Dr.) Pradnya Diggikar
MD (Medicine), FGSI
Zonal Coordinator, West



The GSI e-Newsletter is a welcome addition to the GSI publications. It will provide a platform to share amongst its members, the activities taken up, under the aegis of GSI by members, both individually and collectively.

I wish the publication all success

State Representative, Odisha

Dr. Santosh Kumar Swain

MD, FICP, FICCMD

State Representative, Odisha



The Odisha State Branch of the Geriatric Society of India since its inception has continued to strengthen its commitment to advancing geriatric medicine through academic engagement, community outreach, and awareness.

During this quarter, our chapter organized several academic and awareness activities focusing on the holistic care of older adults. The National Annual Midterm Conference 2025 was organized from 20-22nd June 2025 at Hi-Tech Medical College, Bhubaneswar under the aegis of Odisha State Chapter and Eastern Zonal Branch of GSI with the Theme: "Geriatric Care: From Research to Practice." The sessions brought together physicians, postgraduate students, and allied health professionals, fostering meaningful dialogue on evidence-based geriatric care.

In collaboration with local NGOs, community camps and screening programs were conducted to promote early detection of common geriatric problems. A vision of our society is to establish a State Resource Centre for Geriatric Training and Research with the government initiative, aimed at developing region-specific protocols and capacity building among healthcare providers.

We look forward to expanding our network across the state by involving medical institutions and primary care physicians in geriatric initiatives, remaining committed to promoting compassionate, multidisciplinary, and evidence-based care for our elderly population, ensuring that they live longer, healthier, and more dignified lives.

The GSI e-Newsletter will help us achieve still greater heights through sharing of activities within Orissa and otherwise. I wish the e-Newsletter resounding success.

Activities

News From Vijayapura, Karnataka



1

Dr. Anand P. Ambali
MD (Medicine), FGSI

DEPARTMENT OF GERIATRICS

**BLDE (Deemed to be University)
The Constituent College
SHRI BM PATIL MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
VIJAYPURA, KARNATAKA**

National Symposium on Parkinson disease

On the occasion of World Parkinson Disease Day, Symposium was conducted for students and healthcare professionals on **11/04/25** at 8pm. It was conducted by Department of Geriatrics, BLDE Vijayapura in association with Geriatric Society of India online via zoom meeting.

The Program was started at 8:00 pm where **Dr Manisha Arora** (Director, Department of Medicine, C K Birla Hospital, Delhi) gave the introductory remarks on how Parkinson disease affects life.

Dr PS Shankar (Professor Emeritus) discussed in detail about the historical background of Parkinson disease.

Dr Partha Ray (Honorary IMA National Professor in Neurology Kolkata) discussed on clinical features of Parkinson disease.

Dr Bindu Menon (Professor and HoD , Neurology Apollo Specialty hospitals, Nellore) delivered a talk on investigations and management of Parkinson disease.

Dr Basavraj Chandu (School Of Physiotherapy, BLDEDU) explained the role of Physiotherapy in patients with Parkinson disease.

Dr Kaushik Ranjan Das (Coordinator, GSI Caregiver course) discussed about challenges of caregivers in these patients and gave solutions for the same.

Dr Vivek Handa (Secretary GSI) gave the concluding remarks for the event.

Dr Karthik S (Junior Resident, Department of Geriatrics) gave vote of thanks for the event.

Dr Atul Kulshrestha, President GSI; Dr Shialaja Rao; and Dr Prabhakaran were the chairpersons for the session.

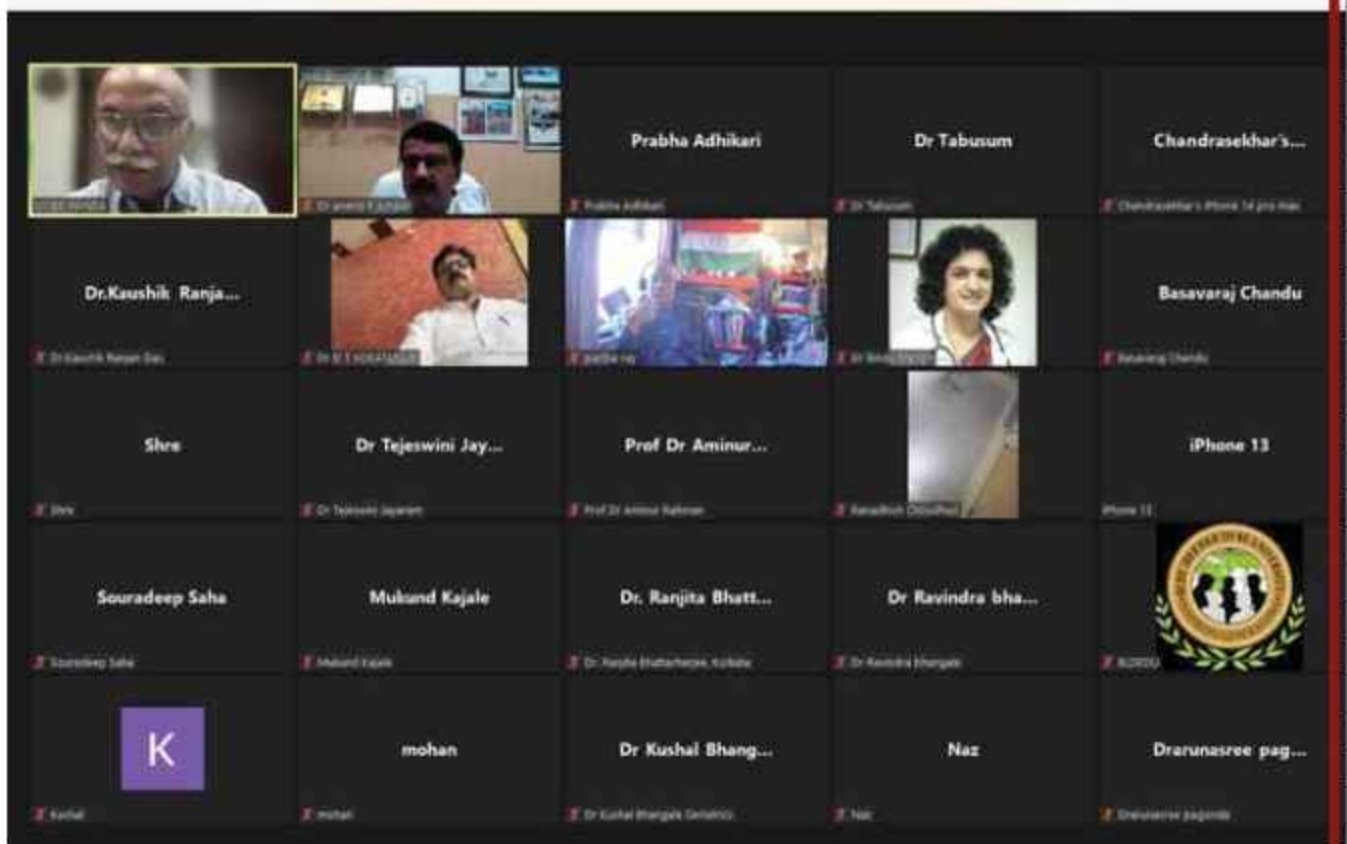
Dr Tejaswini C J and Dr V. G. Warad were the moderators for the event.

Dr Anand P Ambali (Professor and HoD Geriatrics BLDEDU, South Zone co-ordinator GSI) coordinated the session and shared a few snippets on Parkinson disease.

After the presentations, question and answer session had a lot of interactions.

The Program was successfully concluded at 9:30 pm.

A Total of 93 participants including healthcare professionals, PGs, Interns and medical students participated in the event. They also included a few participants from Kenya, Bangladesh and United Kingdom.



BLDE
(DEEMED TO BE UNIVERSITY)
Declared as Deemed to be University u/s 2 of UGC Act, 1956
Accredited with 'B' Grade by NAAC (Cycle-2)
The Constituent College
SHRI B. M. PATIL MEDICAL COLLEGE, HOSPITAL & RESEARCH CENTRE, VIJAYAPURA-586103

**DEPARTMENT OF GERIATRICS
& GERIATRIC SOCIETY OF INDIA**

Invites You to Participate in Webinar On
**NATIONAL SYMPOSIUM ON
PARKINSON DISEASE** (ONLINE)
To commemorate
World Parkinson Disease Day - 2025

 **Friday,
11th April, 2025**  **08:00 PM
Onwards**

 **Online Mode
via Zoom Platform**


[CLICK HERE](#)



BLDE
(DEEMED TO BE UNIVERSITY)
Declared as Deemed to be University u/s 2 of UGC Act, 1956
Accredited with 'A' Grade by NAAC (Cycle-2)
The Constituent College
SHRI B. M. PATIL MEDICAL COLLEGE, HOSPITAL & RESEARCH CENTRE, VIJAYAPURA-586103

PROGRAMME SCHEDULE

Sl No	Name of Faculty	Designation	Topic
1	Dr. Manisha Arora	Director, Department of Medicine, C K Birla Hospital, Delhi	Introductory remarks - How Parkinson Disease affects life ?
2	Dr. P S Shankar	Professor Emeritus	Historical Background
3	Dr. Partha Ray	Honorary IMA National Professor in Neurology, Kolkata	Clinical Features
4	Dr. Bindu Menon	Prof and HoD Neurology, Apollo Specialty Hospitals, Nellore	Investigations and Management
5	Dr. Basavaraj Chandu	School of Physiotherapy, BLDEDU	Role of Physiotherapy
6	Dr. Kaushik Ranjan Das	Coordinator, GSI Caregiver Course	Caregiver issues - challenges and solutions
7	Dr. Vivek Handa	Secretary GSI	Concluding remarks

Chairpersons
**Dr. Atul Kulshrestha,
Dr. Shailaja Rao & Dr. Prabhakaran**

Moderators
**Dr. Tejeswini C J &
Dr. V. G. Warad**

Coordinator
Dr. Anand P. Ambali
Prof and HoD, Geriatrics
South Zone Coordinator, GSI


[CLICK HERE](#)

BLDE University Launches New Course in Geriatric Pharmaceutical Care Practice

2

BLDE (Deemed to be University) in collaboration with the Department of Geriatrics, Shri B. M. Patil Medical College and the Department of Pharmacy Practice, SSM College of Pharmacy & Research Centre, launched a Value Added Course in **Geriatric Pharmaceutical Care Practice (GPCP) on 21.04.2025.**

Endorsed by the **Geriatric Society of India, New Delhi**, the course aims to enhance pharmaceutical care for the elderly, addressing their unique healthcare needs.

The inauguration ceremony was graced by **Dr. H. C. Sridhara Channakeshava Ranga Reddy** as Chief Guest, with **Dr. O. P. Sharma** and **Dr. C. M. Setty** serving as Guests of Honour. The event was presided over by **Dr. R. B. Kotnal**, Director of R&D at SSM COP&RC.

Dr Anand Ambali, Prof & Head Dept of Geriatric, BLDE(DU) in his welcome address outlined about the scope of Gerontology, its scope and challenges in the current health care scenario and importance of such value addition program in delivering geriatric centered patient care approach. He also highlighted the milestone achieved by his department in Geriatric services. He further added that the BLDE (DU) Dept of Geriatric was first in the country to initiate this innovative integrated concept, pan India.

Dr S Z Inamdar, Prof & Head, Dept of Pharmacy Practice, introduced about the value added program as an integrated approach in the delivery of Geriatric Pharmaceutical Care, emphasizing how an amalgamation of pharmacist in a multidisciplinary health care team can promote quality medication use in elderly, avoidance of usage (medicine) risk, improves patient quality of life and address unmet needs of the elderly patient populations. The program further strengthens deliverable skills in graduates for enhanced career prospects.

In his inaugural address the Hon'ble chief guest **Dr HC Sridhara CR Reddy** expressed his appreciation for the institute and the Geriatric dept for being first, pan India, across all medical and Pharmacy college to initiate this integrated program in geriatric care and supported the concepts as in line with some of the important initiatives of the Union Government in health care sector, especially for geriatric population.

Hon'ble guest **Dr. O.P. Sharma**, Secretary General and renowned Geriatrician of the country lauded the efforts of BLDE Geriatric dept in bringing out the value addition program. He shared some of his experiential insights where positive treatment outcome was attributed to vigilant acts of pharmacists. He was positive to quote that Geriatric Society of India has endorsed this program and anticipated the outcomes will benefit Geriatric care practices.

Dr. C.M. Setty, Principal SSM College of Pharmacy in his address spoke about the significance of the program and how it will benefit pharmacy graduate in skill development in the deliverance of elderly care with the of pharmaceutical products and lauded the efforts of the Pharmacy Practice and Geriatric dept with innovative initiatives.

Dr. R.B. Kotnal, Director R&D,SSM College of Pharmacy, in his presidential remarks summarised the views expressed by all the speakers and added critical insights in identifying the value component of the program and it's utility in attainment of its objectives. He further added the dynamicity of the health care sector especially with elderly patients and utility of a pharmacist integrated approach in geriatric patient care services.

Held at the Medical Education Hall, the event showcased the university's commitment to advancing geriatric healthcare. Chief course coordinators include **Dr. Anand P. Ambali** and **Dr. S. Z. Inamdar**, with co-coordinators **Dr. Sushil Kumar P. L.**, **Dr. Mallinath P. V.**, and **Dr. Sunanda P. N.**

The inaugural program was concluded with a vote of thanks proposed by **Dr Sushil Kumar PL**

A total of 23 interns have enrolled for the course. The initiative marks a significant step forward in preparing healthcare professionals to meet the growing demands of an aging population.





World Physiotherapy Day

World Physiotherapy Day was observed by Geriatric Society of India jointly with Sir Dr. M S Gosavi College of Physiotherapy, Nashik, on 08/09/2025 under the aegis of Geriatric Society of India (GSI).

Dr Anand P Ambali, South Zone Coordinator of GSI was invited as faculty to discuss on Healthy Ageing.

The webinar was organized by **Dr Basavaraj Chandu, Principal and life member of GSI**, for the students of Physiotherapy on 08/09/2025 between 11AM to 11.45 AM. A total of 85 students participated in the program.





Gokhale Education Society's
SIR DR. M. S. GOSAVI COLLEGE OF PHYSIOTHERAPY
&
HEALTH CARE MANAGEMENT



*Theme - Role of Physiotherapy and
Physical Activity in Healthy Ageing*

on occasion of



Knowledge Sharing Session on....



Healthy Aging

DR. ANAND P. AMBALI

Geriatric Medicine Expert

Prof and Head Dept of Geriatrics

Shri BM Patil Medical College, Vijayapura

South Zone Co-Ordinator of Geriatric Society of India



Problems Faced by Frail Elderly

DR. BASAVARAJ G. CHANDU

BPT, MPT

PRINCIPAL

SDMSG, COPT & HCM, NASHIK

Followed by,

Prevention Strategies

Dr. Shrikant B. Darade & Dr. Rohita D. Moyade

(9922666173)

(8989228559)

Venue -

First Floor,

SDMS Gosavi Commerce College, Nashik

8th September 2025

Time - 11 am to 1 pm



BLDE (DEEMED TO BE UNIVERSITY)

Declared as Deemed to be University u/s 3 of UGC Act, 1956

Accredited with 'A' Grade by NAAC (Cycle-2)

The Constituent College

SHRI B. M. PATIL MEDICAL COLLEGE, HOSPITAL & RESEARCH CENTRE, VIJAYAPURA

DEPARTMENT OF GERIATRICS

&

SSM COLLEGE OF PHARMACY & RESEARCH CENTRE, VIJAYAPURA

Accredited with 'A++' Grade by NAAC

DEPARTMENT OF PHARMACY PRACTICE



Introduces
VALUE ADDED COURSE IN

**GERIATRIC PHARMACEUTICAL
CARE PRACTICE (GPCP)**

Endorsed by
Geriatric Society of India, New Delhi



Inauguration

CHIEF GUEST

Dr H. C. Sridhara Channakeshava Ranga Reddy

Dy Dir, Senior citizen, NCDAP & PMU Head,
National Institute of Social Defence, Ministry of Social Justice and Empowerment,
Govt of India, Delhi

GUEST OF HONOUR

Dr O. P. Sharma

Secretary General,
GSI, Delhi

Dr. C. M. SETTY

Principal,
SSM COP& RC

PRESIDED BY

Dr R.B Kotnal

Director R&D,
SSM COP&RC

Chief Course Co-ordinators

Dr. Anand P. Ambali

Dr. S. Z. Inamdar

Course Co-ordinators

Dr Sushil Kumar P. L.

Dr Mallinath P. V.

Dr Sunanda P. N.

On Monday 21st April 2025
@ 11.00 am onwards
Venue: Medical Education Hall,
2nd floor, Hospital Building

Email ID: pharmacypractice10@gmail.com • Ph: 82089 56556



News From Bagalkote, Karnataka

3

Dr. Sachin Desai

MD (Comm. Medicine), FGSI., PGDGM, PGDPHN

The Departments of Community Medicine; Psychiatry; General medicine and Geriatric Clinic of SN Medical College and HSK Hospital and RC, Navanagar, Bagalkote, Karnataka organized a training program on "Music Therapy Interventions: Medical Implications in Hospital Settings" on 5th June 2025.

The program was conducted for the faculty and students of the medical college. A total of 105 participants of the 118 registered participants attended the program conducted at the Atreya Hall of SNMC, Bagalkote.

The trainers for the program were:

- 1) Dr. Shantala Hegde, Associate Professor, Music Cognition Lab, NIMHANS Bangalore, Karnataka
- 2) Dr. Vijayalakshmi Subramaniam, Professor of ENT, YENEPOYA University Mangalore, Karnataka
- 3) Dr. Preeti Kodancha, PhD Student (NIMHANS)
- 4) Mr Shreyas Krishnakumar , PhD Student (NIMHANS)
- 5) Mr Victor Francis : Group therapy session

S.No	Topics	Faculty	Timing
1.	<ul style="list-style-type: none"> • Inauguration of the training program • Welcome address • Introduction of speakers • Vote Of Thanks 	<ul style="list-style-type: none"> • Dean Dr. Bhuvaneshwari Yelamali and dignitaries • Dr. Sachin Desai • Dr. Harish K • Dr. Kadappa J 	9.30AM to 10.15 AM
2	Music based interventions in neuro-rehabilitation	Dr. Shantalahegde, NIMHANS, Bengaluru	10.15-11.15am
3	Melodies for life: Music therapy for elderly and in end of life care	Dr. Vijayalakshmi Subramaniam, Yenepoya University, Mangaluru	11.15-11.45 am
4	Case study 1 Case study 2	Dr. Preeti K Mr. Shreyas K (Phd students from NIMHANS)	11.45-12.15pm
5	Group therapy session	MrVictor Francis and team	12.20-12.55 pm
6	Valedictory address	Dr. Narayan Mutalik	12.55-1.00pm



B.V.V. Sangha's

**S. Nijalingappa Medical College and H.S.K. Hospital &
Research Centre, Navanagar, Bagalkote.**

**Music Therapy Interventions :
Medical Implications in hospital settings**

Organized by

**DEPARTMENT OF COMMUNITY MEDICINE,
DEPARTMENT OF PSYCHIATRY,
DEPARTMENT OF GENERAL MEDICINE
AND GERIATRIC CLINIC**

Date: 5th June 2025 Timing :9.30 am to 12.55 pm Venue: Atreya Hall

Registration Link : <https://docs.google.com/forms/d/e/1FAIpQLSfeWWc-pmeouqdexloEcqJqgZwS-72GWkpPEBExVdYVAdPpmg/viewform?usp=header>

REGISTRATION IS MANDATORY TO PARTICIPATE IN THE TRAINING PROGRAM



CHAIRPERSONS



MEMENTO PRESENTATION



LIVE GROUP MUSIC THERAPY FOR STUDENTS



MUSIC THERAPY ORGANIZING TEAM, SNMC



TRAINEES



B.V.V. Sangha's
**S. Nijalingappa Medical College and H.S.K. Hospital &
 Research Centre, Navanagar, Bagalkote.**



Music Therapy Interventions : Medical Implications in Hospital Settings



Organized by

**DEPARTMENT OF COMMUNITY MEDICINE,
 DEPARTMENT OF PSYCHIATRY,
 DEPARTMENT OF GENERAL MEDICINE
 AND GERIATRIC CLINIC**

Date: 5th June 2025 Timing :9.30 am to 12.55 pm Venue: Atreya Hall

S.No	Topics	Faculty	Chairpersons	Timing
01	a) welcome address b) Introduction to speakers	Dr Sachin Desai Dr Harish Kulkarni		9:30 to 9:45am
02	Inuaguration of the training programme	All Dignitaries		9:45 to 10:05am
03	Music based interventions in neurorehabilitation	Dr Shantala Hegde	Dr Narayan Mutalik Dr Gopal Bajaj	10:05 to 10:40am
04	Melodies of Comfort: Music Therapy in Aging and End-of-Life Care	Dr Vijayalakshmi Subramaniam	Dr C.S. Hiremath Dr Ashok S Dorle	10:45 to 11:25am
05	Tea Break			11:25 to 11:35pm
06	Case study 1 Case study 2	Shreyas Krishnakumar Preeti Kodancha	Dr Shantala Hegde	11:35 to 12:10pm
07	Group therapy session for Medical students : Mood swings to Mood strings: Cultivating Calm with Music	Dr Vijayalakshmi Subramaniam and team		12:15 to 12:50pm
08	Vote of thanks	Dr Kadappa Jaligidad		12:50 to 12:55pm

ORGANIZING CHAIRMEN

Dr. Ashok Dorle
 HOD
 Dept. of Community Medicine

Dr. Narayan Mutalik
 HOD
 Dept. of Psychiatry

Dr. Gopal Bajaj
 HOD
 Dept. of General Medicine

ORGANIZING SECRETARY

Dr. Sachin Desai
 Professor
 Dept. of Community Medicine
 I/C Geriatric Clinic

Dr. Kadappa Jaligidad
 Asso. Professor
 Dept. of General Medicine
 I/C Geriatric Clinic

Dr. Harish Kulkarni
 Professor
 Dept. of Psychiatry

News From Bhubaneswar, Odisha



4

Dr. Purna Chandra Dash

M.D. (Medicine), DRM (Nuclear Medicine), FICP, FGSI, FICCMD



National Annual Midterm Conference of Geriatric Society of India (GSI) 2025; 1st Annual GSI Eastern Zonal & 2nd Annual GSI Odisha State Conference

Dates: 20–22 June 2025

Venue: Hi-Tech Medical College & Hospital, Bhubaneswar, Odisha

Theme: "Geriatric Care: From Research to Practice"

Overview

The 2025 Midterm GSI Conference served as a pivotal platform for advancing geriatric medicine in India, bringing together over 350 delegates, along with eminent national faculty members and leading geriatricians from across disciplines. Distinguished attendees included Patron Dr V K Arora, Secretary General Dr O P Sharma, President Dr Atul Kulshrestha, General Secretary Dr Vivek Handa, Treasurer Dr Indu Jain, President elect Dr Chinmay Kumar Maity, Past President Dr Sajesh Ashokan, Dr A K Singh, Dr Kaushik Ranjan Das, and several other eminent Geriatricians, whose presence enriched the academic and scientific deliberations of the event. The event highlighted the integration of research innovations into clinical geriatric practice, emphasizing evidence-based approaches, ethical frameworks, and inter-disciplinary collaboration in elderly care. Hosted at Hi-Tech Medical College and Hospital—Eastern India's first private medical institution—the conference featured scientific sessions, workshops, exhibitions, and cultural programs fostering academic exchange and professional networking.

Inauguration and Key Dignitaries

The inaugural ceremony on **21 June 2025** was graced by **Hon'ble Governor of Odisha Dr Hari Babu Kambhampati** as **Chief Guest**, alongside other distinguished personalities. He emphasized the need to strengthen geriatric care services in the rural and underserved regions of Odisha, highlighting the importance of accessible healthcare, trained personnel, and community-based initiatives to ensure healthy ageing across all sections of society. Their addresses underscored the expanding challenges in geriatric health, the importance of early screening, preventive geriatrics, and the role of technology in promoting healthy ageing.



Hon'ble Governor of Odisha Dr. Hari Babu Kambhampati, alongside other distinguished personalities



Scientific Program Highlights

Across three days and two main halls, sessions spanned key medical and interdisciplinary themes. The scientific program of the GSI Midterm Conference 2025 was an intellectually enriching blend of keynote sessions, orations, symposia, and interactive workshops designed to bridge research and clinical practice in geriatric medicine. Over three days the conference hosted multidisciplinary sessions covering metabolism and bone health, vaccination, endocrinology, sexual health, cardiology, nephrology, mental health, pharmacotherapeutics, and nutrition.

Experts from across India, presented evidence-based insights on chronic disease management, frailty, sarcopenia, and the psychosocial dimensions of ageing. Sessions such as *"Legal and Ethical Pathways to Living Wills in India"* and *"Medication Safety in the Elderly"* highlighted evolving policy and ethical considerations, while *"AI in Healthcare"* and *"Role of Nano Medicine in Geriatric Care"* showcased technological innovations shaping the future of elder healthcare.



Cultural Gala Dinner: Strengthened professional and social bonds among attendees.

Valedictory Session: Reflections on conference outcomes and the future roadmap for geriatric healthcare.

Orations at the GSI Midterm Conference 2025

The conference featured several distinguished orations that highlighted cutting-edge research and clinical insights in geriatric medicine. The Sri Sunku Subrahmanyam Memorial Oration, delivered by **Dr. Jayanta Sharma**, explored *"Cognitive Frailty: A New Paradigm in Geriatric Care"*, emphasizing early recognition and intervention strategies for cognitive and physical decline in older adults. The Chairman's Oration, presented by **Prof. Dr. Purna Chandra Dash**, focused on *"The Role of Nano Medicine in Geriatric Care"*,

demonstrating how nanotechnology is revolutionizing diagnostics and therapeutics for age-related diseases. In addition, the Dr. Satish and Dr. Rita Gulati Oration was delivered by **Dr. Suddhasatwya Chatterjee**, who discussed "*Paraneoplastic Inflammatory Polyarthritits in the Elderly: A Case-Based Discussion*", providing valuable insights into autoimmune conditions linked to malignancies in older adults

Workshops and Capacity Building

Four specialized workshops addressed:

1. Basic Life Support tailored for geriatric emergencies
2. Research Methodology in Geriatric Research
3. Setting up a Geriatric Clinic
4. Geriatric Care Giving (Paramedics)

Each workshop fostered practical skills and encouraged the inclusion of nurses, physiotherapists, and caregivers in the continuum of geriatric care.

Key Themes and Takeaways

- **Integrating Technology:** AI and health technology as transformative tools for diagnosis, monitoring, and elderly rehabilitation.
- **Preventive & Holistic Care:** Focus on vaccination, nutrition, and sarcopenia management.
- **Ethics & Policy:** Legal frameworks for living wills and dignified care choices in late life.
- **Interdisciplinary Collaboration:** Strong emphasis on synergy among physicians, surgeons, psychiatrists, and allied health professionals.
- **Research & Publication:** Abstract and souvenir submissions encouraged scholarly dissemination and creative engagement.

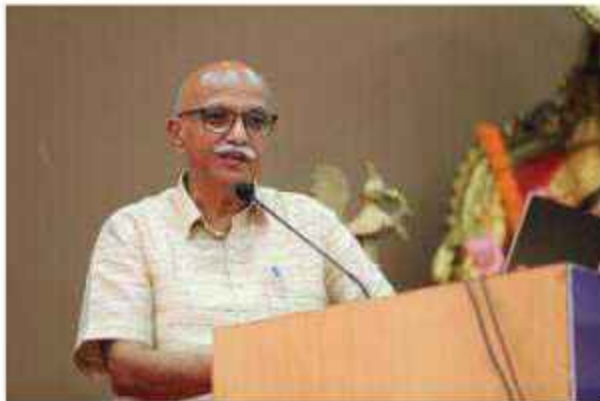
The GSI Midterm Conference 2025 successfully bridged research and clinical practice, highlighting India's growing focus on healthy ageing, multimorbidity management, and technology-enabled geriatric care. It reaffirmed GSI's mission to build a national framework for geriatric excellence through education, innovation, and compassionate practice.



The Organizing Team of the GSI Midterm Conference 2025 extends its heartfelt gratitude to all delegates, speakers, sponsors, and partners for their enthusiastic participation and unwavering support in making this conference a grand success and a meaningful step forward in advancing geriatric care across India.









Prof Dr Purna Chandra Dash
Organising Chairman

Dr Santosh Kumar Swain
Scientific Chairman

Dr Mahesh Rath
Organising Secretary

**News From Pune, Maharashtra****5****Dr. Anita Basavaraj**
MD (Medicine), FCSI

Dr Anita Basavaraj, Professor of Medicine and in charge of the Geriatric Medicine Division at B.J. Government Medical College, Pune, conducted a CME on October 1, 2025, on the occasion of the International Day of Older Persons, in the Medicine Lecture Hall, along with Blessings from the Geriatric Society of India(GSI)

India is witnessing a demographic shift with nearly 15 crore citizens aged 60 and above. Against this backdrop, the need for specialised geriatric care has never been more urgent. Marking the International Day for Older Persons, the Department of Medicine, BJGMC and Sassoon General Hospitals, Pune, in association with the Research Society BJGMC Pune, Geriatric Society of India (GSI), and the Indian College of Artificial Intelligence, organised a Continuing Medical Education (CME) program dedicated to advancing geriatric healthcare.

The event, at the Department of Medicine, brought together distinguished experts and faculty to deliberate on the theme "Older Persons Driving Local and Global Action: Our Aspiration, Our Well-Being, Our Rights."

The CME began with a Lamp Lighting Ceremony by Hon. Dean Dr.R.P. Karyakarte, Hon. President of Research society of BJGMC Dr.Kalpana Kelkar, Vice Dean (UG) Dr. Aarti Kinikar, Medical Superintendent Dr. Y. Jadhav, Professor and Head Dept. of Community Medicine Dr.M. Tambe, Professor and Head Dept of Medicine Dr. H.B. Prasad and Professor and Incharge of Geriatric Division Department of Medicine Dr. Anita Basavaraj. The Welcome Address by Dr Anita Basavaraj, along with the respected Dean of BJGMC and other dignitaries.

A series of insightful scientific sessions followed:

1) "5M + 5m in Geriatric Medicine" by Dr. Anita Basavaraj, highlighting the principles of comprehensive care for older adults.

- 2) "Assistive Devices for Seniors – Physical, Digital, AI-based" by Dr. S.V. Kulkarni, Founder Patron & Dean of the Indian College of Artificial Intelligence, who showcased innovations that support independent living.
- 3) "Management of Dementia in the Elderly" by Dr M.E. Yeolekar, Former Dean of KEM, Mumbai, underscores the growing medical and social challenge of dementia.
- 4) "Challenges in Geriatric Anaesthesia" by Dr Surekha Chavan, Professor of Anaesthesia, focusing on safe perioperative care.
- 5) "Surgical Emergencies in Geriatrics" by Dr Lata Bhoir, Professor & Head of Surgery, BJGMC, addressing critical interventions for elderly patients.





The CME was marked by active participation from senior faculty across Medicine, Paediatrics, Anaesthesia, Pharmacology, Surgery, and Community Medicine, reflecting the multidisciplinary approach essential for geriatric health. There were more than 120 registrations, including MBBS, BPMT, Nursing and PG students of all departments. Interactive discussions and knowledge-sharing enriched the sessions further.

Dr Anita Basavaraj added, "The Geriatric Division aims to conduct more such CMEs and workshops to build capacity and strengthen the foundations of geriatric medicine, as is the vision of the Geriatric Society of India to create more awareness of elderly health and care " She also thanked the GSI and Research Society, BJGMC and SGH Pune for their support in organising the CME.

The CME concluded with a valedictory session, reaffirming BJGMC's commitment to providing compassionate, evidence-based, and future-ready healthcare for the elderly.








Geriatric Division, Department of Medicine, BJGMC & SGH Pune
CME
1st October 2025
INTERNATIONAL DAY FOR OLDER PERSONS

**OLDER PERSONS DRIVING LOCAL & GLOBAL ACTIONS:
OUR ASPIRATION, OUR WELL-BEING, OUR RIGHTS.**

In Associate with

The Research Society BJGMC & SGH Pune,
Geriatric Society of India (Pune),
Indian College of Artificial Intelligence in Medicine & Doctors AI

Venue- Medicine Lecture Hall, BJGMC & SGH Pune
1st October 2025, 12:30 pm to 3:30 pm



Geriatric Division, Department of Medicine, BJGMC, Pune



CME



1st October 2025

INTERNATIONAL DAY FOR OLDER PERSONS

**OLDER PERSONS DRIVING LOCAL AND GLOBAL ACTION :
OUR ASPIRATION, OUR WELL-BEING, OUR RIGHTS.**



GERIATRIC.BJGMC

Registration is
Mandatory & Open
to all



FOLLOW FOR LATEST UPDATES

<https://forms.gle/CsbiCrwNeMmCPqtFA>

Date & Time - 1st October 2025, 12:30 pm to 3:30 pm

Venue - Department of Medicine BJGMC , Pune

Contact -

Dr. Bhushan Kalantri - 9673056633, Dr. Saloni Joshi - 8424046419



6

News from West Bengal

Dr. Rahul Bhattacharya
General Secretary,

Recent Activities of the GSI West Bengal Branch

- **19-04-2025:**

A **Geriatric Symposium** was organised by **Apollo Multispeciality Hospitals, Kolkata** in association with WBGSI. The Chief Guest was **Prof. (Dr) Sukumar Mukherjee**, Chief Patron, WBGSI.

Speakers included **Prof. (Dr) Arunansu Talukdar, Dr Syamasis Bandyopadhyay, Dr Jai Ranjan Ram, Dr Tirthankar Chaudhury, Dr Prakash Chandra Mondal**, and **Dr Arindam Mukherjee**, who spoke on topics including *Geriatric Medicine: Current Status and Its Future in India, Uses of Biologics in Modern Geriatric Medicine, Acute Behavioural Changes in the Elderly, Simplifying Diabetes Care in the Elderly, CAD in Octogenarians - Does Treatment Differ?*, and *Early Warning Signs of Pneumonia in the Elderly*.





- **17-05-2025 (World Hypertension Day):**

Scientific and Organising Chairman: **Dr Jayanta Sharma**

Organising Secretary: **Dr Rahul Bhattacharyya** and **Dr Meghna Dutta**

- **Dr Abhishek Ghosh** and Dr Pallabi Banerjee spoke on "*ABPM in the Elderly- From Basics to Clinics*" and "*Striking a Fine Balance Between Diuretics and Hyponatremia*" respectively. The programme concluded with a panel discussion on "*Management of Hypertension in the Elderly- Beyond the Machinery Readings.*" Panelists included **Dr Vivek Goel, Dr Sarbajit Das, Dr Bappaditya Kumar,** and **Dr Arijit Das.** The discussion was moderated by **Dr Ankan Pathak.**



• **26-07-2025:**

The Annual General Body Meeting of the GSI West Bengal Branch was held at The Stadel, Salt Lake. The meeting was followed by a CME programme in which **Dr Mainak Gupta, Dr Debashis Chatterjee, and Dr Rahul Bhattacharyya** spoke on "*Empagliflozin in Triple Therapy: A Holistic Approach to the Cardio-Renal Metabolic Axis,*" "*Cognitive Nutrition in Older Adults: A Clinical Update - Nutritional Strategies to Delay Cognitive Decline,*" and "*Frontotemporal Dementia: Current Understanding and Emerging Advances*" respectively, at *The Stadel, Salt Lake*.

Dr Kaushik Ranjan Das, Dr Chinmoy Kumar Maity, Dr Asoke Das, and Dr Samudra Goptu chaired the meeting.



- **21-09-2025 (World Alzheimer's Day):**

WBGSI organised a **pan-India virtual academic programme** on *Dementia and Alzheimer's Disease*

to mark **World Alzheimer's Day**.

The event, themed "*Cognition Matters - Spot the Signs Early*," brought together clinicians, neurologists, geriatricians, and mental health professionals for an evening of scientific discussion and awareness.

- **Welcome Address:** Dr Krishnanjan Chakraborty (East Zone Coordinator, GSI)
- **Session 1:** "*Unravelling Diagnosis Across Cognitive Impairment Spectrum*" - Speaker: Dr Rahul Bhattacharyya; Chairs: Dr Vivek Handa and Dr Purna Chandra Dash
- **Session 2:** "*Advances in the Management of Alzheimer's Disease: From Symptomatic to Disease-Modifying Strategies*" - Speaker: Dr Bindu Menon; Chairs: Dr O.P. Sharma and Dr Atul Kulshrestha
- **Vote of Thanks:** Dr Chinmoy Kumar Maity (President Elect, GSI)

The programme underscored the importance of early detection, timely intervention, and multidisciplinary management in dementia care, reaffirming WBGSI's role as a leading academic contributor in the field of cognitive ageing.





**Advances in the Management of Alzheimer's Disease:
From Symptomatic to Disease-Modifying Strategies**

Prof Dr. Bindu Menon

M.D. (Med), D.M. (Neuro), DNB. (Neuro),
PGDCN (Neuro)(London), FRCP (Edin),
FRCP (London) MNAMS, FICP, FIAN,
FWSO, FAAN, FAMS

Prof and HOD Neurology,
Apollo Speciality Hospitals, Nellore
www.drbindumemon.com

Secretary General, Indian Epilepsy Association
Board Member/Research Committee/Genetics member,
World Stroke Organization
AOAN Representative, EAN Scientific panel Epilepsy
WFS, Speciality group EC member Neuroepidemiology,
Associate Editor, Neurology Section, Annals of Medicine,
Convener, Outreach subsection IAN
OneNeurology Ambassador
Convener IWSA
Secretary Dr. Bindu Menon Foundation,
Founder - AdNet <http://adnet.org/>



FORTHCOMING EVENT – Mark your calendar



WBGSI CON 2025

November 16th, 2025

**Altair Boutique Hotel,
Sector-5, Salt Lake**

COMING SOON

INVITATION TO GSICON 2025 @ AGRA
on
12th-14th DECEMBER, 2025



Dr. Atul Kulshreshtha, President GSI

Dear GSI family

Namaskaar. It is my privilege to invite you to GSICON-2025 being held from 12th to 14th December, 2025 at Agra. The brochure for the conference with the theme, "*Adding Life to Years*" is being enclosed. The broad overview of the conference is as under:

- Venue Hotel Clark's Shiraz, Agra
 - Pickup facilities will be available from 12th December Agra Cantt, Agra Fort Railway station and Airport.
- It will be cold in December at Agra. Therefore, it is advisable to carry woollens.***
- Please book your Hotel accommodation early, to avoid any problem. Rooms are very limited and Details can be seen in Brochure.

For any query, contact Mr. Tony / Mr. Vijay Khanna @ Mob. 8979533414

SCIENTIFIC PROGRAM

- 12th December - Start from 3.30 pm onward.
- 13th December - From 9 am onward up to 5 pm followed by Convocation and Inauguration ceremony; followed by Cultural program.
- 14th December - From 9 am to 1 pm. Followed by Veledictory function and Lunch
- **For Certificate Course Version-5 doctors, Practical training will be organized from 9am onward on 13th December.**
- PG Quiz, Paper and Poster presentation on 14th December 10.am to 1 pm.
- **Workshops**
 - Respiratory diseases on 12th December 4 to 6 pm
 - Insulin for Elderly on 13th December 9 to 11 am
 - Obesity on 13th December From 11am to 1 p.m
 - CPR and Critical care on 14th December 9 to 10.30 am.

I believe this event shall be attended by us all in large numbers; and we shall interact with each other to meaningfully further the cause of our elderly.

With warm regards

- **Dr. Atul Kulshreshtha, President GSI**



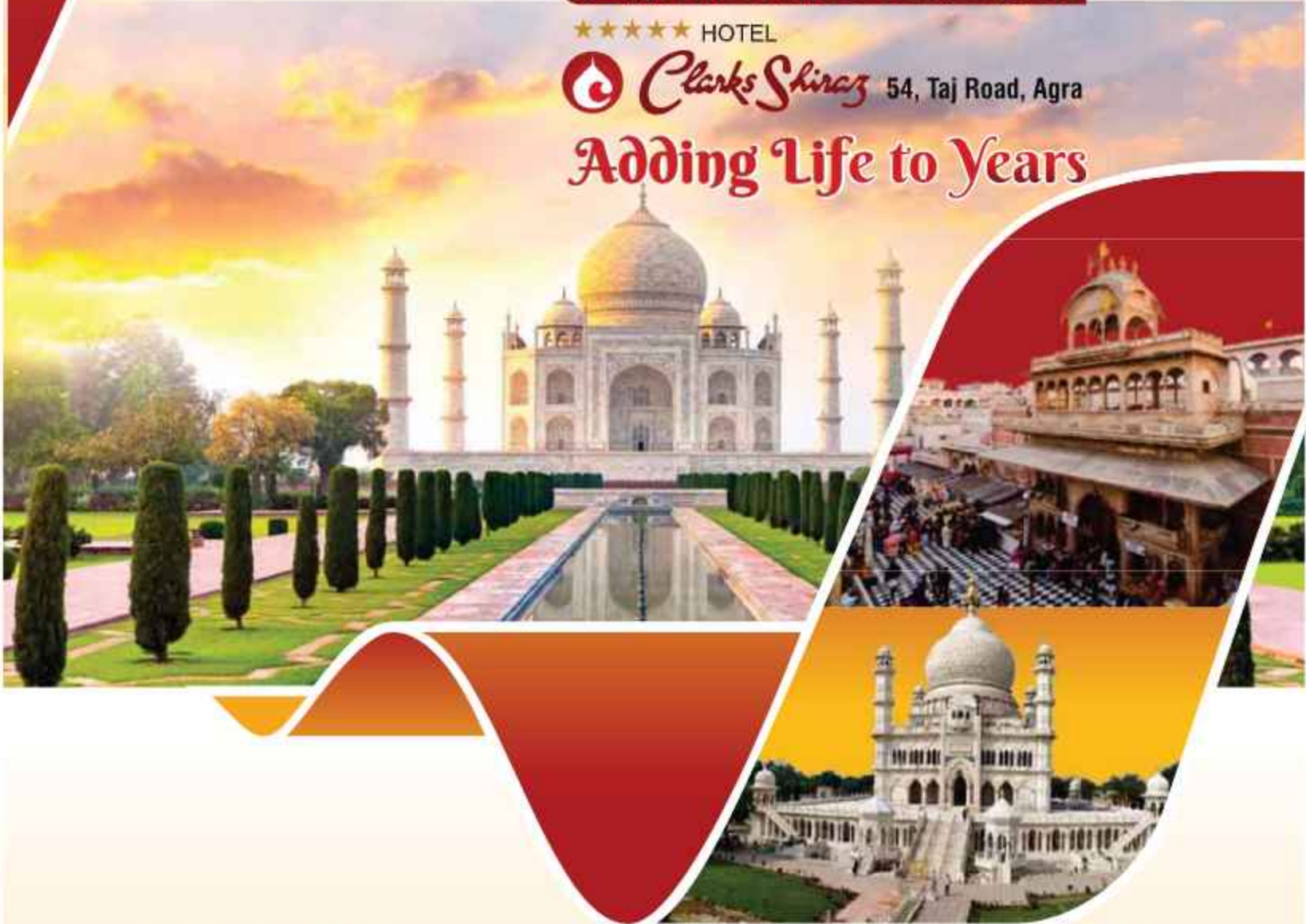
GSICON 2025

38th National Conference, Geriatric Society of India
12th, 13th & 14th December 2025

★★★★★ HOTEL

 **Clarks Shiraz** 54, Taj Road, Agra

Adding Life to Years



Dr Sunil Bansal

Chairman,
Organising Committee

Dr Atul Kulshrestha

President,
Geriatric Society of India

Organised By



AGRA DIABETES FORUM

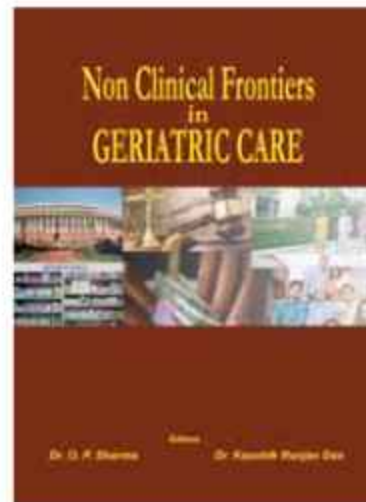
Conference Secretariate :

BANSAL CLINIC

9A, M.G. Road Opp. District Hospital, Agra - 282001

Office Secretary: Vijay - 89795 33414, Imran - 9997151383, E-mail : gsicon2025agra@gmail.com

Our Publications



Our Orations and Awards

- (A) Dr. P.S. Shankar and Smt. Ambika Shankar Presidential Oration
 - (B) Dr. B.C. Bansal and Smt. Uma Bansal Oration
 - (C) Dr. O.P. Sharma and Smt. Shanti Sharma Oration
 - (D) Wing Commander S.K. Jain Memorial Oration
 - (E) Dr. V.K. Arora and Dr. Raksha Arora Award for "Lifetime Excellence in Geriatrics"
- Award** Late Dr. Premanand Ambali National Best Thesis Award in Geriatrics and Gerontology.



Dr. C Prakash



Dr. NN Asokan



Dr. A.K. Prasad



Dr. B.N. Srivastava



Mr. M M Sabharwal



Dr. K.C. Mohanty



Our Unforgettable Visionaries who guided me in last four decades on academic platforms and organizational activities.

*— Dr. OP Sharma
Honorary Secretary, GSI (1989-2024)*

IJGC IJGC ADVERTISEMENT TARIFF

Position	Four Colour	Complimentary Copies
Back Cover	60,000/-	25
Inside Front Cover	45,000/-	20
Inside Back Cover	45,000/-	20
Full Page	25,000/-	10
Half Page	20,000/-	05
Sponsorship for one issue - 100000/- (Complimentary copies 25)		
Sponsorship for one year - 300000/- (Complimentary copies 25 each issue)		

**All Prices indicated in INR.*

Technical Details

Advt. material should be in Corel Draw convert to curved file or EPS/Tiff Image, or High Quality PDF.
Full Page: Over all Journal size 8.5" x 11" Full Page Advt Size: 8" x 10" (Bleed size 0.5") Half Page: 8" x 5"; 1/3rd Page: 8" x 3"

Payment to be made in advance in favour of:

"Geriatric Society of India" payable at New Delhi only.

GERIATRIC SOCIETY OF INDIA®

A2-007, Palm Resort, Raj Nagar Extension, Ghaziabad, Uttar Pradesh - 201017

E-Mail: opsharma.gsi@gmail.com, opsharma@geriatricindia.in & info@geriatricindia.in Visit us at: <https://www.geriatricindia.in>

MEMBERSHIP FORM

I wish to join Geriatric Society of India as Life / Ordinary member and promise to abide by its rules and regulations

Full Name (block letters)..... Age.....M/F...

Qualification (with year & university).....

Residential Address.....

..... Tel. :

Office Address with designation

..... Tel. :

Email

Category of Membership (Please tick one): Specialist / Family Physician / Non Medical (above 60 years only)

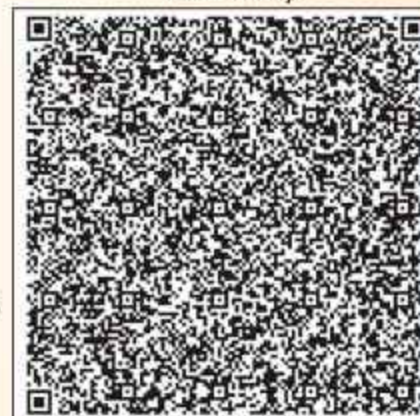
Life Membership fee

- | | |
|---------------------------|--------------|
| 1. National Individual | Rs. 8,000/- |
| 2. National Institutional | Rs. 15,000/- |
| 3. Overseas Individual | USD 250 |

Associate Membership Fees (Without voting right)

- | | |
|-----------------------------|-------------|
| 1. AYUSH | Rs. 5,000/- |
| 2. Nurses / Physiotherapist | Rs. 4,000/- |

Scan & Pay



Bank Details :- Account Name - Geriatric Society of India, Account No. 408260693
IFSC Code - IDIB000H019, Account Type - Savings
Pay by UPI ID - 9560042237@indianbnk

Proposed by

Name

Address

Membership No

Seconded by

Name

Address

Membership No.

Note: In the absence of availability of proposer and seconded please send the following:

1. A photocopy of Degree
2. Photocopy of registration by relevant Medical Council
3. In case of non-medical member proposer and seconded are essential.

For Official Use

Membership No.

Signature of Honorary Secretary